

**WEBSTER COUNTY  
KY-ASAP PRESENTS  
LUNCH AND LEARN FRIDAYS**

**February 25 - Families vs Drugs  
Melea Ramin and Billy Braden**

**March 4 - Trauma Informed Care  
Brooke Arnold and Marsha Lowery**

**MARCH 11 - LET'S GET REAL:  
ADDRESSING OUR COMMUNITY'S  
DRUG PROBLEM  
TIFFANY COLE HALL**

To RSVP email

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All Lunch and Learn trainings will start at  
11:30 at the Webster County Extension Office  
1118 U.S. Hwy 41A South, Dixon, Ky

## Families vs. Drugs

Melea Ramin, DCBS Supervisor, and Billy Braden, Sebree Chief of Police, will give an update on the state of Families vs. Drugs in Webster County.

Working closely with other agencies in Webster County and the Court system the speakers will give an update on substance misuse in Webster County and the effect on families.



## Trauma Informed Care

Brooke Arnold, River Valley Behavior Health Prevention Center Director, and Marsha Lowery, RVBH Health Outpatient Mental Health and Forensic Services Senior Director, will present Trauma Informed Care training.

Trauma is pervasive, particularly among individuals who receive behavioral health services. These traumatic events can have a significant impact on an individual's health and life and can lead to a sense of powerlessness, fear, hopelessness, and a constant state of alertness within an individual. Trauma-Informed Care is an approach to engaging people that recognizes the potential presence of trauma symptoms and acknowledges the role that trauma may play in an individual's life. When a human service agency becomes trauma-informed, every part of its organization, management, and service delivery system is assessed and potentially modified to include a basic understanding of how trauma affects the lives of individuals.



## Let's Get Real:

### Addressing our Community's Drug Problem

After graduating with her Bachelor's Degree in Social Work from Murray State University in 1998, Tiffany practiced in Western KY for a short time before moving to Louisville in 2001. She began working for Volunteers of America Mid-States in 2002 and earned her Masters of Social Work degree from Spalding University in 2005. Tiffany celebrates her 20th year with Volunteers of America Mid States in September, where she serves as Chief Operating Officer (COO). Tiffany is also an adjunct professor at Spalding University, teaching in both the Bachelors and Masters programs, with a focus on addictions courses. Tiffany is also a Licensed Clinical Social Worker as well as a Licensed Drug and Alcohol Counselor; she feels most passionate about working to address social justice issues and helping to remove the stigma associated with parents struggling with addiction. Tiffany also feels passionate about the work that Volunteers of America does to help remove the barriers of institutions and loneliness to those we serve who have intellectual and other disabilities. In addition to all of this, Tiffany is a proud mother of two boys, ages 8 and 12, and is a wife, activist and community leader. She gives her time to various community boards and efforts, in order to ensure that her children have a better world to live in, and that they learn to value of servant leadership and community investment.

